


# KINGS ELEMENTARY LUNCH MENU

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<ol style="list-style-type: none"> <li>1. French Dip</li> <li>2. Hot Dogs</li> <li>3. Soup and Sandwich Bagle w/ CC &amp; Chicken Noodle</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Cheesy Bacon Potato Bake</li> <li>2. Ham &amp; Cheese Pizza</li> <li>3. Soup and Sandwich Lentil &amp; Lemon w/ Breadstick</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Mac &amp; Cheese</li> <li>2. Corn Dog</li> <li>3. Soup and Sandwich Garden Vegetable &amp; Turkey</li> <li>4. Meal Pack</li> </ol>	<p><b>NO SCHOOL</b></p>
<ol style="list-style-type: none"> <li>1. Greek Lasagna</li> <li>2. Chicken Tenders</li> <li>3. Soup and Sandwich Beef Barley &amp; Turkey</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Indian Style Pork Stew</li> <li>2. Corn Dog</li> <li>3. Soup and Sandwich Chicken Curry w/ Naan</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Sweet &amp; Sour</li> <li>2. Sausage Pizza</li> <li>3. Soup and Sandwich Cream of Chicken &amp; Ham</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Spaghetti w/ Meatballs</li> <li>2. Hot Dog</li> <li>3. Soup and Sandwich Chicken Noodle &amp; Bagel w/ CC</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Roasted Chicken w/ Sweet Potatoes</li> <li>2. Cheese Burger</li> <li>3. Soup and Sandwich Tomato &amp; Grilled Cheese</li> <li>4. Meal Pack</li> </ol>
<ol style="list-style-type: none"> <li>1. Potato Crusted Cod</li> <li>2. Hot Dog</li> <li>3. Soup and Sandwich Clam Chowder w/ Oyster Crackers</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Alfredo</li> <li>2. Chicken Tenders</li> <li>3. Soup and Sandwich Chili &amp; Cornbread</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Meat Loaf w/ Mashed Potatoes</li> <li>2. Cheese Pizza</li> <li>3. Soup and Sandwich Pasta e Fagioli w/ Breadstick</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Beef Stroganoff</li> <li>2. Corn Dog</li> <li>3. Soup and Sandwich Toasted Cheese &amp; Tomato</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Potstickers</li> <li>2. Cheese Burger</li> <li>3. Soup and Sandwich Egg Drop Soup w/ Spring Roll</li> <li>4. Meal Pack</li> </ol>
<ol style="list-style-type: none"> <li>1. Beef Teriyaki</li> <li>2. Hot Dog</li> <li>3. Soup and Sandwich Broccoli Cheddar Cheese &amp; Ham</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Ham &amp; Cheese Quiche</li> <li>2. Chicken Tenders</li> <li>3. Soup and Sandwich Tomato &amp; Grilled Cheese</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Fish &amp; Tots</li> <li>2. Pepperoni Pizza</li> <li>3. Soup and Sandwich Italian Wedding Soup &amp; Turkey</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Curry</li> <li>2. Cheese Burger</li> <li>3. Soup and Sandwich Chili &amp; Cornbread</li> <li>4. Meal Pack</li> </ol>	<p><b>NO SCHOOL</b></p>
<ol style="list-style-type: none"> <li>1. Creamy Pesto Tortellini</li> <li>2. Chicken Tenders</li> <li>3. Soup and Sandwich Beef Noodle &amp; Bagle w/ CC</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Chicken Enchilada Casserole</li> <li>2. Cheese Burger</li> <li>3. Soup and Sandwich Clam Chowder &amp; Oyster Crackers</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Pulled Pork Sandwiches</li> <li>2. Hawaiian Pizza</li> <li>3. Soup and Sandwich Salmon Chowder &amp; Croissant</li> <li>4. Meal Pack</li> </ol>	<ol style="list-style-type: none"> <li>1. Hearty Beef Stew</li> <li>2. Hot Dog</li> <li>3. Soup and Sandwich Chicken Noodle &amp; Turkey</li> <li>4. Meal Pack</li> </ol>	<p><i>Meal Packs include Apples, Carrots, a Protein (Meat, Cheese), &amp; Bread (Crossiant, Bagel, Wrap)</i></p>