


KINGS ELEMENTARY LUNCH MENU

OCTOBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1 1. French Dip 2. Hot Dogs 3. Soup and Sandwich Bagle w/ CC & Chicken Noodle 4. Meal Pack	2 1. Cheesy Bacon Potato Bake 2. Ham & Cheese Pizza 3. Soup and Sandwich Lentil & Lemon w/ Breadstick 4. Meal Pack	3 1. Mac & Cheese 2. Corn Dog 3. Soup and Sandwich Garden Vegetable & Turkey 4. Meal Pack	4 NO SCHOOL
7 1. Greek Lasagna 2. Chicken Tenders 3. Soup and Sandwich Beef Barley & Turkey 4. Meal Pack	8 1. Indian Style Pork Stew 2. Corn Dog 3. Soup and Sandwich Chicken Curry w/ Naan 4. Meal Pack	9 1. Chicken Sweet & Sour 2. Sausage Pizza 3. Soup and Sandwich Cream of Chicken & Ham 4. Meal Pack	10 1. Spaghetti w/ Meatballs 2. Hot Dog 3. Soup and Sandwich Chicken Noodle & Bagel w/ CC 4. Meal Pack	11 1. Roasted Chicken w/ Sweet Potatoes 2. Cheese Burger 3. Soup and Sandwich Tomato & Grilled Cheese 4. Meal Pack
14 1. Potato Crusted Cod 2. Hot Dog 3. Soup and Sandwich Clam Chowder w/ Oyster Crackers 4. Meal Pack	15 1. Chicken Alfredo 2. Chicken Tenders 3. Soup and Sandwich Chili & Cornbread 4. Meal Pack	16 Early Dismissal Sack Lunch Corn Dogs Only	17 1. Beef Stroganoff 2. Corn Dog 3. Soup and Sandwich Toasted Cheese & Tomato 4. Meal Pack	18 1. Potstickers 2. Cheese Burger 3. Soup and Sandwich Egg Drop Soup w/ Spring Roll 4. Meal Pack
21 1. Beef Teriyaki 2. Hot Dog 3. Soup and Sandwich Broccoli Cheddar Cheese & Ham 4. Meal Pack	22 1. Ham & Cheese Quiche 2. Chicken Tenders 3. Soup and Sandwich Tomato & Grilled Cheese 4. Meal Pack	23 1. Fish & Tots 2. Pepperoni Pizza 3. Soup and Sandwich Italian Wedding Soup & Turkey 4. Meal Pack	24 1. Chicken Curry 2. Cheese Burger 3. Soup and Sandwich Chili & Cornbread 4. Meal Pack	25 NO SCHOOL
28 1. Creamy Pesto Tortellini 2. Chicken Tenders 3. Soup and Sandwich Beef Noodle & Bagle w/ CC 4. Meal Pack	29 1. Chicken Enchilada Casserole 2. Cheese Burger 3. Soup and Sandwich Clam Chowder & Oyster Crackers 4. Meal Pack	30 1. Pulled Pork Sandwiches 2. Hawaiian Pizza 3. Soup and Sandwich Salmon Chowder & Croissant 4. Meal Pack	31 1. Hearty Beef Stew 2. Hot Dog 3. Soup and Sandwich Chicken Noodle & Turkey 4. Meal Pack	Meal Packs include Apples, Carrots, a Protein (Meat, Cheese), & Bread (Crossiant, Bagel, Wrap)