



King's Junior High & High School Daily Lunch Menu

October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
\$7 Daily Lunch Paks	\$7 Daily Lunch Paks are a <i>full meal combo</i> which includes a main entree, drink, and dessert treat. All meals contain a protein, starch/grain and veg/fruit. <i>Daily gluten free options available.</i>		1	2
			1) SPECIAL: Potato Crusted Cod 2) DINER: Chicken strips 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Hawaiian Slices	1) SPECIAL: Potato Crusted Cod 2) DINER: Chicken strips 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Hawaiian Slices
5	6	7	8	9
1) SPECIAL: Fish Sandwich w. cheese 2) DINER: Cheeseburger 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices	1) SPECIAL: Fish Sandwich w. cheese 2) DINER: Cheeseburger 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices	REMOTE LEARNING	1) SPECIAL: Chicken Teriyaki 2) DINER: Spicy Wings 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	1) SPECIAL: Chicken Teriyaki 2) DINER: Spicy Wings 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices
12	13	14	15	16
1) SPECIAL: Creamy Pesto Tortellini 2) DINER: Spicy Chicken Sandwich 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	1) SPECIAL: Creamy Pesto Tortellini 2) DINER: Spicy Chicken Sandwich 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	REMOTE LEARNING	1) SPECIAL: Chili 2) DINER: Mini Corn Dogs 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices	1) SPECIAL: Chili 2) DINER: Mini Corn Dogs 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices
19	20	21	22	23
1) SPECIAL: Mac & Cheese 2) DINER: Cheeseburger 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices	1) SPECIAL: Mac & Cheese 2) DINER: Cheeseburger 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Cheese Slices	1) SPECIAL: Fish Sandwich w. cheese 2) DINER: Spicy Wings 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	1) SPECIAL: Fish Sandwich w. cheese 2) DINER: Spicy Wings 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	REMOTE SERVICE DAY
26	27	28	29	30
1) SPECIAL: Sweet & Sour Meatballs 2) DINER: Chicken strips 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	1) SPECIAL: Sweet & Sour Meatballs 2) DINER: Chicken strips 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Pepperoni Slices	REMOTE LEARNING	1) SPECIAL: Beef Stew 2) DINER: Spicy Chicken Sandwich 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Sausage Slices	1) SPECIAL: Beef Stew 2) DINER: Spicy Chicken Sandwich 3) DELI SAMICH: Club on ciabatta 4) DELI GREENS: Italian with pepperoni 5) 'ZA: Two Sausage Slices
More lunch options and snack paks coming soon!!				